

## Kibidango

Do you usually eat Japanese sweets? Okayama is famous for kibidango. In English, kibi means millet and dango means dumpling. So, kibidango is also called millet dumpling.

The kibidango has a long history. The first account of it was confirmed to be at least five hundred years ago. Momotaro, the Japanese fairytale, made kibidango famous. Kibidango played an important role in this fairytale because it gave Momotaro the power to defeat the demons of Onigashima island. This story is well known in Japan. Children and adults love kibidango's sweetness and texture. When people visit Okayama, they usually buy kibidango as a souvenir.

There are various kinds of kibidango flavors now, such as chocolate flavor, peach flavor and so on. Which flavor do you want to try?

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