

Yuko Arimori – Okayama's Olympian

Today, I will talk about someone famous from Okayama. Her name is Yuko Arimori. She is a marathon runner.

Yuko Arimori was born in 1966. She ran in the Olympic Games twice. She won a silver medal in Barcelona in 1992, and a bronze medal in Atlanta in 1996. She was the first Japanese runner to win medals in two Olympic Games.

Now Yuko Arimori uses sports to help people in need. In 1998, she started the group Hearts of Gold. The group works in both Japan and in poor countries. It helps poor and disabled adults and children. Its goal is to use sports, education, and other activities to build hope and courage.

Yuko Arimori is a strong, kind, and brave athlete, and she makes Okayama proud.



(128 words)